



## Blairstown Elementary School Lunch

### MONDAY

**3**

- Cheeseburger on a Bun
- French Fries
- Assorted Fresh or Chilled Fruit
- Milk Variety

### TUESDAY

**4**

- Bacon, Egg & Cheese Sandwich
- Assorted Fresh Bagged Vegetables
- Assorted Fresh or Chilled Fruit
- Milk Variety

### WEDNESDAY

**5**

- BBQ Chicken
- Assorted Fresh Bagged Vegetables
- Assorted Fresh or Chilled Fruit
- Milk Variety

### THURSDAY

**6**

- Mini Chicken Tacos
- Assorted Fresh Bagged Vegetables
- Assorted Fresh or Chilled Fruit
- Milk Variety

### FRIDAY

**7**

- Cheese Pizza
- Assorted Fresh Bagged Vegetables
- Assorted Fresh or Chilled Fruit
- Milk Variety

**10**

- All-Natural Beef Hot Dog on a Bun
- French Fries
- Assorted Fresh or Chilled Fruit
- Milk Variety

**11**

- Mini French Toast
- Breakfast Sausage
- Assorted Fresh Bagged Vegetables
- Assorted Fresh or Chilled Fruit
- Milk Variety

**12**

- Bagel Bag w/ Yogurt & Cheese
- Assorted Fresh Bagged Vegetables
- Assorted Fresh or Chilled Fruit
- Milk Variety

**13**

- Cereal Bag w/ Yogurt
- Assorted Fresh Bagged Vegetables
- Assorted Fresh or Chilled Fruit
- Milk Variety

**14**

- Pizza Crunchers with Marinara Sauce
- Assorted Fresh Bagged Vegetables
- Assorted Fresh or Chilled Fruit
- Milk Variety

**17**

- Cheeseburger on a Bun
- French Fries
- Assorted Fresh or Chilled Fruit
- Milk Variety

**18**

- Bacon, Egg & Cheese Sandwich
- Assorted Fresh Bagged Vegetables
- Assorted Fresh or Chilled Fruit
- Milk Variety

**19**

- BBQ Chicken
- Assorted Fresh Bagged Vegetables
- Assorted Fresh or Chilled Fruit
- Milk Variety

**20**

- Beef Twin Tacos with Shredded Cheddar Cheese, Lettuce, Tomatoes, and Salsa
- Assorted Fresh Bagged Vegetables
- Assorted Fresh or Chilled Fruit
- Milk Variety

**21**

- Mini Cheese Calzones with Marinara Sauce
- Assorted Fresh Bagged Vegetables
- Assorted Fresh or Chilled Fruit
- Milk Variety

**24**

- All-Natural Beef Hot Dog on a Bun
- French Fries
- Assorted Fresh or Chilled Fruit
- Milk Variety

**25**

- Mini French Toast Bites
- Breakfast Sausage
- Assorted Fresh Bagged Vegetables
- Assorted Fresh or Chilled Fruit
- Milk Variety

**26**

- Bagel Bag w/ Yogurt & Cheese
- Assorted Fresh Bagged Vegetables
- Assorted Fresh or Chilled Fruit
- Milk Variety

**27**

- Cereal Bag w/ Yogurt
- Assorted Fresh Bagged Vegetables
- Assorted Fresh or Chilled Fruit
- Milk Variety

**28**

- Cheese Pizza
- Assorted Fresh Bagged Vegetables
- Assorted Fresh or Chilled Fruit
- Milk Variety

**31**

Memorial Day - No School

- Student Lunch: \$3.05
- Reduced Lunch: \$0.00
- Adult Lunch: \$3.85

*All Meals Served All Meals are Served with the Vegetable of the Day, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice Where Available*

Nutrition Info K-8. Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat. Menus are Subject to Change. Please note Maschio's Nutrislice carbohydrate counts are calculated using an average of our most used products. Maschio's Food Services nutrient information is based on the most updated manufacturer's food labels available and may be subject to change without warning. For Carbohydrate Counts for food items, please visit [www.maschiofood.com](http://www.maschiofood.com) for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on NutriKids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.



Product Questions  
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*healthily kids!*