



March 2020

Blairstown Elementary School
Lunch

Student Lunch: \$2.95 Reduced Lunch: \$0.40 Adult Lunch: \$3.85

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <ul style="list-style-type: none"> Crispy Chicken Sandwich Seasoned Potato Wedges Swap Out <ul style="list-style-type: none"> Cheeseburger on a Bun 	3 New Recipe! <ul style="list-style-type: none"> Hot Open Faced Turkey Sandwich Green Beans Swap Out <ul style="list-style-type: none"> Pizza Crunchers with Marinara 	4 <ul style="list-style-type: none"> BBQ Pulled Pork Sandwich Vegetarian Baked Beans Swap Out <ul style="list-style-type: none"> Grilled Cheese Sandwich 	5 Breakfast for Lunch <ul style="list-style-type: none"> Egg, Ham, & Cheese Croissant Oven Baked Sweet Potato Fries Swap Out Chicken Tenders with a Dinner Roll	6 Franks Pizza <ul style="list-style-type: none"> Freshly Prepared Garden Salad Swap Out <ul style="list-style-type: none"> All Natural Beef Hot Dog on a Bun
9 <ul style="list-style-type: none"> Chicken Nuggets Buttered Noodles Steamed Peas Swap Out <ul style="list-style-type: none"> Cheeseburger on a Bun 	10 <ul style="list-style-type: none"> Beef Nacho Platter with Shredded Cheddar Cheese, Lettuce, Tomatoes, and Salsa Southwestern/Fiesta Corn Swap Out <ul style="list-style-type: none"> Pizza Crunchers with Marinara 	11 <ul style="list-style-type: none"> Pasta with Meat Sauce Dinner Roll Freshly Prepared Italian House Salad Swap Out <ul style="list-style-type: none"> Grilled Cheese Sandwich 	12 <ul style="list-style-type: none"> Grilled Cheese Sandwich Tomato Soup Fresh Veggie Dippers Swap Out Chicken Tenders with a Dinner Roll	13 Franks Pizza <ul style="list-style-type: none"> Freshly Prepared Garden Salad Swap Out <ul style="list-style-type: none"> All Natural Beef Hot Dog on a Bun
16 <ul style="list-style-type: none"> Chicken Parm with Pasta Steamed Broccoli Swap Out <ul style="list-style-type: none"> Cheeseburger on a Bun 	17 St. Patrick's Day <ul style="list-style-type: none"> Cheeseburger on s Bun or Hamburger on a Bun Seasoned French Fries Swap Out <ul style="list-style-type: none"> Pizza Crunchers with Marinara 	18 <ul style="list-style-type: none"> Creamy Mac & Cheese Mini Cornbread Loaf Green Beans Swap Out <ul style="list-style-type: none"> Grilled Cheese Sandwich 	19 Breakfast for Lunch <ul style="list-style-type: none"> Pancakes Breakfast Sausage Hash Browns Swap Out Chicken Tenders with a Dinner Roll	20 First Day of Spring Franks Pizza <ul style="list-style-type: none"> Freshly Prepared Garden Salad Swap Out <ul style="list-style-type: none"> All Natural Beef Hot Dog on a Bun
23 Meatless Monday <ul style="list-style-type: none"> Cheese Quesadilla Rice Swap Out <ul style="list-style-type: none"> Cheeseburger on a Bun 	24 <ul style="list-style-type: none"> Chicken Tenders Oven Baked French Fries Baby Carrots Swap Out <ul style="list-style-type: none"> Pizza Crunchers with Marinara 	25 <ul style="list-style-type: none"> Philly Cheesesteak Hero with Peppers & Onions Potato Wedges Swap Out <ul style="list-style-type: none"> Grilled Cheese Sandwich 	26 <ul style="list-style-type: none"> All Natural Beef Hot Dog on a Bun Seasoned Potato Wedges Swap Out Chicken Tenders with a Dinner Roll	27 Franks Pizza <ul style="list-style-type: none"> Freshly Prepared Garden Salad Swap Out <ul style="list-style-type: none"> All Natural Beef Hot Dog on a Bun
30 <ul style="list-style-type: none"> Chicken Crunchers Buttered Noodles Steamed Broccoli Swap Out <ul style="list-style-type: none"> Cheeseburger on a Bun 	31 <ul style="list-style-type: none"> Turkey and Cheese Panini Crinkle Cut French Fries Swap Out <ul style="list-style-type: none"> Pizza Crunchers with Marinara 			



Daily Swap Outs: Bagel Bag, Cereal Bag, Chicken Caesar Salad

All Meals Served All Meals are Served with the Vegetable of the Day and/or a Selection from Mac's Veggie Patch, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice.

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change Please note Maschio's Nutrislice carbohydrate counts are calculated using an average of our most used products. Maschio's Food Services nutrient information is based on the most updated manufacturer's food labels available and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

More Details: blairstownelem.nutrislice.com/menu/blairstown-elementary-school/lunch/

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