



la·crosse

/lə'krôz/ noun: **lacrosse**

a team game, originally played by North American Indians, in which the ball is thrown, caught, and carried with a long-handled stick having a curved L-shaped or triangular frame at one end with a piece of shallow netting in the angle.

**REGISTRATION IS OPEN FOR ALL LEVELS!
DETAILS @ NWJLC.COM**

**\$25 REFUNDABLE DEPOSIT TO RESERVE YOUR
PLAYER'S SPACE ON THEIR TEAM**

Who Can Join?

Boys and Girls in grades Kindergarten- 8th grade

Why Join The Fastest Growing Sport in North Warren and in the US?

Be Part of a Team

Like many others, being part of a team is incredibly important in a game like lacrosse. It allows players to realize the importance of unifying and working together toward one goal, and the fact that everything they do impacts the others on their team (both directly and indirectly). Being part of a team allows you the opportunity to deal with different personalities, and who knows, maybe even become a leader yourself.

Combines the Skills of Multiple Sports

One of the reasons why lacrosse is such an interesting sport is because it combines a number of different sports into one.

It's Challenging

With the fact that lacrosse combines a number of different sports, it shouldn't be surprising to hear that learning to play or learning how to elevate your play is a challenge. For dedicated athletes, though, it's a challenge they enjoy facing head on. Nobody can just hop out of bed with the strength, endurance, and coordination to run up and down a 110-yard field for an hour and a half. You have to work at your conditioning and your stick skills to reach that level. But when you feel like you've turned a corner, it's very rewarding.

Helps Your Performance in Other Sports, Too

While lacrosse could be your first love, it may not be your only one, and that's OK! With all these benefits you can receive from the game, you have the opportunity to also carry it over into other sports. As mentioned above, there are plenty of other sports that value strength, endurance, /and coordination of various levels to be successful.

-Excerpt from <https://laxcamps.com/5-reasons-play-lacrosse>



NORTH WARREN JUNIOR LACROSSE CLUB

SPRING 2021

REGISTRATION DETAILS

Little Laxers: *Girls & Boys Grades K-2 – Six (6) Sunday morning sessions plus one tournament. All equipment is supplied for this co-ed level. \$60 per player, includes personalized Team T-shirt. March-May***

Girls Lacrosse: *Teams are comprised of 2 grades per level-*

3rd & 4th Grades, 5th & 6th Grades, 7th & 8th Grades- Each level plays approximately 10-12 games with practices 1-2 times per week. Uniforms are purchased by families and can be used multiple seasons. \$130 per player or \$240 max per family. March-June**

Boys Lacrosse: *Teams are comprised of 2 grades per level-*

3rd & 4th Grades, 5th & 6th Grades, 7th & 8th Grades- Each level plays approximately 10-12 games with practices 1-2 times per week. Uniforms are purchased by families and can be used multiple seasons. \$130 per player or \$240 max per family. March-June**

****Important Notes:**

1. Due to COVID-19, each player must supply their own equipment. Details on equipment packages will be available in January.
2. Also due to C-19, we are only requesting a deposit of \$25 (per player) to reserve your player's space on the team. In the event the season is cancelled, your deposit will be refunded. If the season is not cancelled, your deposit will be turned into your Volunteer Deposit.
3. Once the Spring 2021 season is confirmed, Registration Fee will be due prior to first practice.
4. Indoor practices may start before March, the season may be delayed due to CDC guidelines, and our season may extend past June.