

Dear Parent/Guardian,

Due to the fact that infections are easily spread in the school setting, and while attendance is important, we at Blairstown Elementary School feel that it is acceptable to keep your child home rather than expose an entire class to illness. Do not send your child to school if he/she has a sore throat or new onset of cold symptoms, as these are most contagious during the first three days.

Students must be fever free, meaning temperature less than 100.0 without medication such as Tylenol or Advil, for 24 hours prior to returning to school. For gastro-intestinal symptoms, keep children home 24 hours ***after*** vomiting and diarrhea stop, abdominal pain has subsided, and child is able to eat solid food.

If your child does not feel well before school in the morning, do not send him/her to school to be diagnosed by the school nurse.

A note explaining any absence is required upon the student's return to school.

Sincerely,

Adrienne Peck, BSN, RN